A message from the President

I am pleased to report that your Knox County Health Department continues to work towards achieving the vision of "Healthy People in a Healthy Community." By striving to improve existing services as well as adding new services; the Health Department assures that we are effective in addressing the public health needs of Knox County. For example, during 2012, it was with great pleasure that we learned that the Knox County Health Department had been awarded designation as a Federally Qualified Health Center for the Knox Community Health Center. As you read this year's Annual Report you will see a message from the Governance Board of the Knox Community Health Center and the increase in services that is now available for this community's members. You can be proud of the dedicated staff at your Health Department, and be assured that they are committed to improving the health and well-being of this community. On behalf of the Knox County Board of Health, I wish you and your loved ones the best of health for the future and thank you for your continued support of our community.

Vision:
Healthy People in a Healthy Community

Mission:
To serve Knox County by assessing health and environmental needs, developing policies and assuring those needs are effectively addressed.

Sincerely,
Jacquelyne Turner, President
Knox County Board of Health

Knox County Board of Health
Back row from left:
Dr. Kevin Satisky / Dr. Bruce Bobofchak / Dr. Frank Peppers / Doug Gibb (Treasurer)

Front row from left:
Jeanne Harland / Carol Scotton (Vice President) / Kim DeSutter (Secretary) / Jacquelyne Turner (President)

Not pictured:
Cheryl Nache (County Board Liaison)
Since the successful referendum passed in 1992, the Knox County Health Department has grown and expanded over the past 20 years. These accomplishments are the result of the commitment and dedication of the staff past and present. Thank you to each of you and join us in celebrating 20 years of Healthy People in a Healthy Community.

KCHD Over the Past 20 years

1992 Voters pass referendum to form KCHD

1993 Health Department opens at 2320 Veterans Drive, Galesburg

1993 First Flu Immunization Clinic conducted

1994 Communicable Disease Surveillance program initiated

1994 First Knox County Community Health Plan adopted by Board of Health and Childhood Immunization program implemented

1994 Integration of Women, Infants, and Children (WIC)

1994 Health Department received certification status from Illinois Department of Public Health

1995 Onsite Dental Services for low-income population initiated

1995 Started TB skin testing program

1995 KCHD office relocated to 519 McClure Street, Galesburg

1996 Received Illinois Breast & Cervical Cancer program

1997 STD Testing and Treatment program initiated

1997 Environmental Health Lead Poisoning program initiated

1998 Tobacco Prevention & Teen Pregnancy Prevention grant received

1999 Knox Community Health Center opened

2000 Health Department relocated to new facility at 1361 West Fremont St., Galesburg

2001 Developed local response plan concerning bioterrorism

2002 Implemented West Nile Virus response plan

2007 Facilitated the collection of over 20,000 tires as part of a residential used tire collection project.

2008 Implemented Smoke-Free Illinois Enforcement Policies

2008 1st Teen Leadership Summit for Knox County High Schools

2010 Formation of the Knox Community Health Center Governance Board

2011 1st Free Adult Dental Day

2011 1st Community Garden planted

2012 Awarded Federally Qualified Health Center Funding

2012 Awarded We Choose Health Grant
2012 REVENUE

Financial Summary 2012

Balance on Hand (12/1/2011) : $903,145.54 (Audited)
Revenue : $2,400,236.26
Expenses : $2,374,349.40
Ending Balance (12/1/2012) : $929,032.34 (Unaudited)

2012 EXPENSES

Distribution of Property Tax

- County - 12.7%
- Education - 58.5%
- Cities & Villages - 9.0%
- Knox County Health Dept - 1.0%
- Township - 6.2%
- Fire, Library, Sanitary, Misc. - 12.6%
Illinois Breast and Cervical Cancer Program (IBCCP)
Offers free mammograms, breast exams, Pap tests and cancer treatment for eligible women. Since the program was launched in Illinois in 1995, more than 154,000 women have been screened for breast and cervical cancers.

Family Case Management
Assures easier access to medical care and provides referrals to available support services for pregnant women, mothers and infants. Foster children up to age 6 are intensely case managed by a Registered Nurse.

Lead Poisoning Prevention
Provides testing for children and inspects the dwellings of children who exhibit elevated blood lead levels. These inspections include an environment lead inspector as well as a trained public health lead nurse, for education and follow-up of elevated lead levels.

<table>
<thead>
<tr>
<th>Nutrition Services (WIC)</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants</td>
<td>2,526</td>
<td>2,425</td>
<td>3,295</td>
</tr>
<tr>
<td>Nutrition Education Attendees</td>
<td>4,973</td>
<td>2,844</td>
<td>2,918</td>
</tr>
<tr>
<td>Breastfeeding Education</td>
<td>608</td>
<td>644</td>
<td>652</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Family Case Management</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face to Face Visits</td>
<td>5,092</td>
<td>4,406</td>
<td>4,373</td>
</tr>
<tr>
<td>Home Visits</td>
<td>359</td>
<td>268</td>
<td>128</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>641</td>
<td>759</td>
<td>688</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lead Poisoning Prevention</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children Screened at KCHD</td>
<td>392</td>
<td>299</td>
<td>198</td>
</tr>
<tr>
<td>Number of Elevated Lead Levels</td>
<td>30</td>
<td>24</td>
<td>36</td>
</tr>
<tr>
<td>Number of Nurse Home Visits</td>
<td>11</td>
<td>9</td>
<td>11</td>
</tr>
</tbody>
</table>

Women, Infants and Children (WIC)
Supplemental food and nutrition program funded by the Federal Government. Studies show that WIC participation reduces fetal and infant death, the birth of low weight babies, and iron-deficiency anemia.

In 2012, IBCCP served 224 individuals; call today to see if you qualify: 309-344-2224
**Food Safety**
Conducts inspections, licenses facilities, and provides safety educational programs to ensure the food within the Knox County community. Recent inspection scores are available online.

**Potable Water Program**
Aims to reduce the risk of contraction & transmission of waterborne diseases; with an emphasis on protecting water quality of community, non-community & private wells.

**Onsite Wastewater Disposal**
Protects the health of community & the environment by ensuring the proper disposal of domestic sewage.

<table>
<thead>
<tr>
<th>Food Safety</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Licensed Food Establishments</td>
<td>338</td>
<td>330</td>
<td>337</td>
</tr>
<tr>
<td>Routine Inspections Conducted</td>
<td>655</td>
<td>664</td>
<td>649</td>
</tr>
<tr>
<td>Number of Re-inspections</td>
<td>120</td>
<td>153</td>
<td>154</td>
</tr>
<tr>
<td>Number of Complaint Investigations</td>
<td>21</td>
<td>32</td>
<td>36</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Potable Water Safety</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Water Permits Issued</td>
<td>21</td>
<td>23</td>
<td>34</td>
</tr>
<tr>
<td>Number of Water Wells Installed</td>
<td>18</td>
<td>15</td>
<td>34</td>
</tr>
<tr>
<td>Number of New Water Wells Inspected</td>
<td>25</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>Number of Water Wells Sealed</td>
<td>19</td>
<td>15</td>
<td>13</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Onsite Wastewater Disposal</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sewage System Permits Issued</td>
<td>52</td>
<td>51</td>
<td>52</td>
</tr>
<tr>
<td>Sewage Systems Installed</td>
<td>53</td>
<td>50</td>
<td>46</td>
</tr>
<tr>
<td>Sewage Systems Inspected</td>
<td>57</td>
<td>53</td>
<td>46</td>
</tr>
<tr>
<td>Sewage Complaints Received</td>
<td>7</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>Number of Complaints Inspected</td>
<td>6</td>
<td>4</td>
<td>2</td>
</tr>
</tbody>
</table>

West Nile Virus Surveillance
In collaboration with the Illinois Department of Public Health, mosquitos and dead birds are monitored and tested for West Nile Virus.

In Summer 2012, 52 total samples were collected averaging 50 mosquitos per sample; 10 deceased birds were tested, 3 testing positive for West Nile Virus.
**Adult Wellness Screening**
*available for all Knox County Residents*

**Adult Wellness Screenings**
- ALT (liver function)
- Cholesterol
- Hemoglobin
- Oxygen Saturation
- UA Screening
- Blood Sugar
- BMI
- Height
- Weight
- Blood Pressure

**Cost:** $60.00

**Cholesterol Screenings**
- Cholesterol
- Blood Sugar
- Blood Pressure

**Cost:** $35.00

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**Immunization Program**

<table>
<thead>
<tr>
<th></th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children served</td>
<td>647</td>
<td>558</td>
<td>520</td>
</tr>
<tr>
<td>Immunizations administered</td>
<td>1,457</td>
<td>1,200</td>
<td>1,509</td>
</tr>
<tr>
<td>TB Tests Performed</td>
<td>482</td>
<td>365</td>
<td>259</td>
</tr>
</tbody>
</table>

**Immunizations**
Staff provide immunizations to infants, children and adults at minimal or no cost to protect Knox County residents from vaccine-preventable diseases. Flu and pneumonia vaccines are also available.

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**Communicable Disease Surveillance & Investigation**
Works to protect the health and welfare of Knox County residents through the control of infectious diseases. In partnership with the state health department and local health care providers, Health Department staff identify, investigate and try to control disease outbreaks in our community.

<table>
<thead>
<tr>
<th>Communicable Disease Reports</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis</td>
<td>30</td>
<td>27</td>
<td>39</td>
</tr>
<tr>
<td>HIV Infection</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Lyme Disease</td>
<td>6</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>Salmonellosis</td>
<td>15</td>
<td>9</td>
<td>7</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>2</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

**STD Reports**

<table>
<thead>
<tr>
<th></th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chlamydia</td>
<td>211</td>
<td>216</td>
<td>217</td>
</tr>
<tr>
<td>Gonorrhea</td>
<td>32</td>
<td>25</td>
<td>48</td>
</tr>
<tr>
<td>Syphilis</td>
<td>1</td>
<td>4</td>
<td>0</td>
</tr>
</tbody>
</table>

**Confidential STD Testing**

<table>
<thead>
<tr>
<th></th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIV Tests Performed</td>
<td>351</td>
<td>308</td>
<td>277</td>
</tr>
<tr>
<td>STD Tests Performed</td>
<td>434</td>
<td>711</td>
<td>596</td>
</tr>
</tbody>
</table>

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**Public Health Emergency Preparedness**
Emergency preparedness focuses on maintaining and improving the ability of Knox County to respond to a public health emergency through collaboration with community organizations.
Community-Minded

Draw the Line/Respect the Line
6th, 7th, & 8th graders at Abingdon Middle School participated for the third consecutive year in the Draw the Line/Respect the Line program. Curriculum helps students develop and practice healthy relationship limits.

Knox County Teen Leadership Summit
“Everyone Wants to Rule the World” was the theme of the 4th annual teen leadership summit held at Carl Sandburg College. The summit aids in developing new student leaders in Knox County schools, 75 students from Abingdon, Galesburg, Knoxville, and R.O.W.V.A participated due to the efforts of Carl Sandburg College, volunteer presenters, and Healthy Youth Alliance.

Wellness Promotion
Staff work to enhance the overall health and well-being of Knox County residents through the provision of community health education programs, the collection and assessment of health and demographic data, community health improvement planning, social marketing and health promotion activities.

Thank you to all community volunteers who assisted in making our community garden a success!

Community Gardening
The Knox County Health Department continues to believe that healthy eating is a key to good health. In 2012, the community garden flourished and was able to provide food for the weekly nutrition classes. Some of the produce shared from the garden included tomatoes, zucchini/squash, swiss chard, carrots, spinach, onions, green peppers, and eggplants.
Partnerships

A Coalition for a Healthy Knox County
(wefittogther.org)

We Fit Together is comprised of over 17 community members representing different agencies and organizations in Knox County.

Why Focus on Making a Healthy Community?
67.9% (two in three) Knox County adults are considered overweight (35.7%) or obese (32.2%), according to 2007 BRFS data.

2012 Highlights:
• Held the “Abingdon Summer Olympics!”
• Participated in the Cyclists of Galesburg: 3 Lakes Ride into Autumn
• Awarded American Cancer Society CATCH (Coordinated Approach to Child’s Health) grant

Promoting safe and healthy communities for Illinois families.

Complete Streets
Promoting policies that make roads more accessible to all users.

Joint Use Agreements
Promote physical activity through formal agreements between schools and communities.

Smoke-Free Outdoor Spaces
Advance policies that limit smoking in outdoor areas such as parks and multi-unit housing.

Worksite Wellness
Establish policies in workplaces that will encourage healthy employee behaviour.

Learn more at wefittogther.org
Our Mission: To provide access to dental and primary health services, for the medically underserved, which stresses prevention and patient responsibility.

What an exciting time in Knox County and the surrounding areas! With the announcement that the Knox Community Health Center received funding to be a Federally Qualified Health Center (FQHC) plans have been moving quickly to restructure the services offered to better serve you, the public, with your healthcare and dental needs. The designation as a FQHC means that the Knox Community Health Center is a nonprofit, community directed health center where health care providers serve low income and medically underserved communities. Created by the United States Congress over 40 years ago clinics designated as FQHC’s provide quality, affordable primary and preventive care for those whom other providers do not serve, regardless of the individual’s ability to pay.

As a FQHC, Knox Community Health Center has medical and dental professional on staff to not only provide direct care but also provide “supportive care” such as patient education and outreach education as needed. Whether you have Medicare, Medicaid, private insurance, or no insurance you are eligible to receive care at the Community Health Center. The amount you pay for your services is based on your family’s income and size.

This upcoming year will be very exciting for us as we watch this dream turn into reality. We hope you will take an active part in making the Knox Community Health Center a part of your community. Please take advantage of the services and activities offered. Together, we can make our community a healthy community.

Best,

Lauri White
President,
Knox Community Health Center Governance Board
Welcome Dr. Granger and Dr. West

2012 brought Dr. Granger, our third dentist, and Dr. West, our new Chief Medical Officer, to the Health Center.

Medical Health Care Statistics
- 882 patients received health care during 2012
- Over 2,000 visits completed
- 64.6% of patients were female and 35.4% were male
- 20% are Medicaid, 64% sliding fees, and 2% private insurance

Dental Health Care Statistics
- 2,995 patients received dental care during 2012
- Services provided: 3,308 preventative; 1,752 restorative
- 58.2% of patients were female and 41.8% were male
- Over 85% of all patients receive Medicaid

Thank You to all volunteers, especially our volunteer dentists:
Renfroe • Fifield • Borden • Bicego • Rozny • Smith • Stephens • Owen • Hansen • Good • Pacey • Johnson • Kaspar • Sanberg

Adult Dental Day Snapshot
Number of Volunteer Dentists: 14
Number of Volunteers: 140
Number of Patients: 160
Number of Procedures performed: 330

The Community Health Center is accepting new patients for both medical and dental health services, call 309-344-2225 for an appointment

“Adult Dental Day was made possible in part by a grant from the Galesburg Community Foundation. The Community Foundation works with non profits in a variety of ways to make our community healthier.”
Thank you Knox County for your support over the past 20 years. We look forward to serving you!