A message from the President

During 2013 we have seen great success with our We Choose Health Grant as diverse communities have accepted our guidance and committed to developing healthier communities. We would like to thank the following communities who have adopted smoke-free public parks and places initiatives during this time period: the Villages of Williamsfield, Victoria, and Altona. The people of Williamsfield voted to make the public parks within the village smoke-free, while Victoria and Altona have implemented policies to do the same for all village property. These policies will greatly enhance the health and quality of these communities. We are grateful for the opportunity to work with the leaders and residents of these areas and look forward to being able to serve more communities through the We Choose Health initiatives.

We’re excited to be able to receive, “We Choose Health Grant”, for a second year. This grant continues to enable the Knox County Health Department to educate and promote not only a smoke-free environment but a healthier county. Many thanks, to the communities and staff, for their dedication and hard work for such a worthy cause.

Sincerely,
Jacquelyne Turner, President
Knox County Board of Health

Vision:
Healthy People in a Healthy Community

Mission:
To serve Knox County by assessing health and environmental needs, developing policies and assuring those needs are effectively addressed.

Officers:

President:
Jacquelyne Turner

Vice President:
Carol Scotton

Secretary:
Kim DeSutter

Treasurer:
Doug Gibb
It is a privilege to present the residents of Knox County with the *Knox County Health Department’s (KCHD) 2013 Annual Report.*

Knox County Health Department had a busy and productive year guided by a visionary Board of Health and Governance Board whose efforts were further enabled by our dedicated staff. We tackled new initiatives and challenges that were driven by our Vision “Healthy People in a Healthy Community.” Our winter months saw the implementation of Greenway, an electronic health record (EHR) to be used in the Knox Community Health Center. As we entered into the spring, KCHD hosted our first site visit from the Health Resources and Services Administration to review our operations of the Knox Community Health Center.

The Community Health Center received many accolades regarding its best practices as a Health Department/Community Health Center public entity model. Summer months saw the advancement of many new initiatives, such as establishing a Quality Improvement Council. The Council is charged with developing a Quality Improvement Plan for KCHD in preparation of applying for National Accreditation to the Public Health Accreditation Board (PHAB).

Wrapping up our year, we began enrolling residents in the Health Insurance Marketplace through Get Covered Illinois. We are excited to continue these efforts in the next year as we focus on improving the health of our communities and serving Knox County residents.

Thank you for your support.
Revenue Summary 2013
Federal & State Grants/Awards: $1,749,541.45
Service Fees: $650,120.74
Tax Levy: $605,066.73
Miscellaneous: $59,105.71
Interest: $18,181.02
Total Revenue: $3,082,015.65

Expense Summary 2013
Personnel: $487,256.53
Personnel (Grant Contingent): $1,624,218.46
Operating Expense: $523,632.72
Grant Program Activities: $412,627.95
Building Construction: $22,208.13
Total Expense: $3,069,943.79

DISTRIBUTION OF PROPERTY TAX
Tax Year 2012
Distributed in Knox County - 2013
- County: 12.6%
- Education: 58.8%
- Cities & Villages: 9.7%
- Knox County Health Dept: 1.0%
- Township: 6.3%
- Fire, Library, Sanitary, Misc.: 11.7%
Illinois Breast & Cervical Cancer Program (IBCCP)
Offers free mammograms, breast exams, Pap tests and cancer treatment for eligible women. Since the program was launched in Illinois in 1995, more than 158,000 women have been screened for breast and cervical cancers.

Family Case Management
Assures easier access to medical care and provides referrals to available support services for pregnant women, mothers and infants. Foster children up to age 6 are intensely case managed by a Registered Nurse.

Women, Infants and Children (WIC)
Supplemental food and nutrition program funded by the Federal Government. Studies show that WIC participation reduces fetal and infant death, the birth of low weight babies, and iron-deficiency anemia.

Lead Poisoning Prevention
Provides testing for children and inspects the dwellings of children who exhibit elevated blood lead levels. These inspections include an environment lead inspector as well as a trained public health lead nurse, for education and follow-up of elevated lead levels.

**Nutrition Services (WIC)**

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants</td>
<td>2,425</td>
<td>3,295</td>
<td>1,769</td>
</tr>
<tr>
<td>Nutrition Education Attendees</td>
<td>2,844</td>
<td>2,918</td>
<td>2,593</td>
</tr>
<tr>
<td>Breastfeeding Education</td>
<td>644</td>
<td>652</td>
<td>900</td>
</tr>
</tbody>
</table>

**Family Case Management**

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2011</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face to Face Visits</td>
<td>4,406</td>
<td>4,373</td>
<td>4,594</td>
</tr>
<tr>
<td>Home Visits</td>
<td>268</td>
<td>128</td>
<td>169</td>
</tr>
<tr>
<td>New Clients Enrolled</td>
<td>759</td>
<td>688</td>
<td>715</td>
</tr>
</tbody>
</table>

**Lead Poisoning Prevention**

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2011</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children Screened at KCHD</td>
<td>299</td>
<td>198</td>
<td>108</td>
</tr>
<tr>
<td>Number of Elevated Lead Levels</td>
<td>24</td>
<td>36</td>
<td>22</td>
</tr>
<tr>
<td>Number of Nurse Home Visits</td>
<td>9</td>
<td>11</td>
<td>9</td>
</tr>
</tbody>
</table>

In 2013, IBCCP served 191 individuals; call today to see if you qualify: 309-344-2224
Food Safety Program
Conducts inspections, licences facilities, and provides educational safety programs to ensure the food within Knox County community.

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Licensed Food Establishments</td>
<td>330</td>
<td>337</td>
<td>335</td>
</tr>
<tr>
<td>Routine Inspections Conducted</td>
<td>664</td>
<td>649</td>
<td>659</td>
</tr>
<tr>
<td>Number of Re-inspections</td>
<td>153</td>
<td>154</td>
<td>192</td>
</tr>
<tr>
<td>Number of Complaint Investigations</td>
<td>32</td>
<td>36</td>
<td>32</td>
</tr>
</tbody>
</table>

Potable Water Safety
Aims to reduce the risk of contraction and transmission of waterborne deseases with an emphasis on protecting water quality of community, non-community, and private wells.

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Water Well Permits Issued</td>
<td>23</td>
<td>34</td>
<td>38</td>
</tr>
<tr>
<td>Number of Water Wells Installed</td>
<td>15</td>
<td>34</td>
<td>16</td>
</tr>
<tr>
<td>Number of Water Wells Inspected</td>
<td>8</td>
<td>8</td>
<td>21</td>
</tr>
<tr>
<td>Number of Water Water Wells Sealed</td>
<td>15</td>
<td>13</td>
<td>28</td>
</tr>
</tbody>
</table>

Onsite Wastewater Disposal Program
Protects the health of the community and environment by ensuring the proper disposal of domestic sewage.

<table>
<thead>
<tr>
<th></th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sewage System Permits Issued</td>
<td>51</td>
<td>52</td>
<td>44</td>
</tr>
<tr>
<td>Sewage Systems Installed</td>
<td>50</td>
<td>46</td>
<td>38</td>
</tr>
<tr>
<td>Sewage Systems Inspected</td>
<td>53</td>
<td>46</td>
<td>39</td>
</tr>
<tr>
<td>Sewage Complaints Received</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Number of Complaints Inspected</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
</tbody>
</table>

West Nile Virus Surveillance
In collaboration with the Illinois Department of Public Health, mosquitoes and dead birds are monitored and tested for West Nile Virus.

*In Summer 2013, 37 total samples were collected averaging over 33 mosquitoes per sample; 5 deceased birds were tested, 2 testing positive for West Nile virus.*

Public Health Emergency Preparedness
Emergency preparedness focuses on maintaining and improving the ability of Knox County to respond to a public health emergency through collaboration with healthcare and community organizations.
### Immunizations
Staff provide immunizations to infants, children and adults at minimal or no cost to protect Knox County residents from vaccine-preventable diseases. Flu and pneumonia vaccines are also available.

<table>
<thead>
<tr>
<th>Immunization Program</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children served</td>
<td>558</td>
<td>520</td>
<td>318</td>
</tr>
<tr>
<td>Immunizations administered</td>
<td>1,200</td>
<td>1,509</td>
<td>1,044</td>
</tr>
<tr>
<td>TB Tests Performed</td>
<td>365</td>
<td>259</td>
<td>293</td>
</tr>
</tbody>
</table>

### Communicable Disease Surveillance & Investigation
Works to protect the health and welfare of Knox County residents through the control of infectious diseases. In partnership with the state health department and local health care providers, Health Department staff identify, investigate and try to control disease outbreaks in our community.

<table>
<thead>
<tr>
<th>Communicable Disease Reports</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis</td>
<td>27</td>
<td>39</td>
<td>34</td>
</tr>
<tr>
<td>HIV Infection</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Lyme Disease</td>
<td>5</td>
<td>4</td>
<td>6</td>
</tr>
<tr>
<td>Salmonellosis</td>
<td>9</td>
<td>7</td>
<td>7</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>

### STD Reports

<table>
<thead>
<tr>
<th>STD Reports</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chlamydia</td>
<td>216</td>
<td>217</td>
<td>198</td>
</tr>
<tr>
<td>Gonorrhea</td>
<td>25</td>
<td>48</td>
<td>58</td>
</tr>
<tr>
<td>Syphilis</td>
<td>4</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>

### Confidential STD Testing

<table>
<thead>
<tr>
<th>HIV Tests Performed</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>STD Tests Performed</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
</tr>
</thead>
</table>

### Drive Through Flu Clinic
Annual Drive Through Flu Clinic with Hinchcliffe-Pearson-West vaccinated 189 people!

In 2013, the Health Department focus was on coordination with Community Unit School District #205 and local response agencies in the event of a disaster.
Draw the Line/Respect the Line
6th, 7th, & 8th graders at Abingdon Middle School participated for the fourth consecutive year in the Draw the Line/Respect the Line program. Curriculum helps students develop and practice healthy relationship limits.

Knox County Teen Leadership Summit
“YOLO, You Lead Only Once” was the theme of the 5th annual teen leadership summit held at Carl Sandburg College. The summit aids in developing new student leaders in Knox County schools, 70 students from Galesburg, GHS North, Knoxville, and R.O.W.V.A participated. Seven R.O.W.V.A. High School students helped plan the summit. This summit is due to the efforts of Carl Sandburg College, volunteer presenters and Healthy Youth Alliance.

Wellness Promotion
Staff work to enhance the overall health and well-being of Knox County residents through the provision of community health education programs, the collection and assessment of health and demographic data, community health improvement planning, social marketing and health promotion activities.

ABCs & 123s To A Healthier Family
The Children’s School participated in a program with the Health Department to provide comprehensive wellness, preventative, and physical activity education to enhance the well-being and physical health for children and their families. The children and families were involved in activities such as: visiting the Knox Community Health Center Dental Office, planting and growing gardens on the playgrounds, and swim lessons at Hawthorne Pool.

This program was made possible by funds from the Galesburg Community Foundation.

Thank you to all community volunteers who assisted in making our community garden a success!

Colin Ericson  Ashleigh Walker  Rachel Stuart  Becka Williamson  Megan Ferry  Jenny Gaard  Hannah Sellon
Partnerships

Promoting safe and healthy communities for Illinois families.

Complete Streets
Promoting policies that make roads more accessible to all users.

Joint Use Agreements
Promote physical activity through formal agreements between schools and communities.

Smoke-Free Outdoor Spaces
Advance policies that limit smoking in outdoor areas such as parks and multi-unit housing.

Worksite Wellness
Establish policies in workplaces that will encourage healthy employee behaviour.

Knox Corps
The mission of the Knox Community Health Center is to serve as a medical home providing comprehensive health care for all walks and stages of life. We are dedicated to providing services which unite the ideals of prevention, wellness, and disease management, resulting in enhanced physical and mental well-being for the community members we serve.

As the Knox Community Health Center is now into its second year as a federally qualified health center (FQHC) more patients are finding the Clinic as their medical and dental home. As you may remember, the Knox Community Health Center is a nonprofit, community directed health center where health care providers serve low income and medically underserved communities. Created by the United States Congress over 40 years ago clinics designated as FQHCs provide quality, affordable primary and preventive care for those whom other providers do not serve, regardless of the individual's ability to pay.

Whether you have Medicare, Medicaid, or private insurance you are eligible to receive care at the Health Center. The amount you pay for your services is based on your family’s income and size. Our staff will discuss the services and fees with you so you understand your healthcare costs.

We hope you will take an active part in making the Knox Community Health Center a part of your community. Please take advantage of the services and activities offered. Together, we can make our community a healthy community.

Regards,
Lauri White, President
Knox Community Health Center Governance Board

Board Members:
Lauri White (President), Melissa Delgado (Vice President/Secretary), Melissa Hickey (Treasurer), Randy Bryan, Annette Faul, Penny Hendrickson, Joe Patterson, Pastor Dan Siems, Mary Wilt, Helen Sotelo.
KCHD served in excess of 3,500 patients in 2013

All KCHC Patients:
Sliding Fee: 30%
Medicaid: 65%
Medicare: 0.44%
Private: 3%
Self pay: 2%

Providers:
Dental: Dr. Rozny
Dr. Granger
Dr. Stephens
Medical: Dr. West
Laura Fullerton, APN

Medical Health Care Statistics:
• Nearly 2,100 visits completed

Dental Health Care Statistics:
• Services provided: 3,220 preventative
2,326 restorative
• Over 78% of dental patients receive Medicaid

The Community Health Center
is accepting new patients for both medical and dental health services.
Call 309-344-2225 for a day or evening appointment.

Knox County Health Center wants to thank the Galesburg Community Foundation for its continued support. The Community Foundation works with non-profits in a variety of ways to make our community healthier.
Knox County Health Department: Upcoming Events

- Public Health Week: April 7-13, 2014
- Teen Summit: April 11, 2014
- Community Health Center Week: August 10-16, 2014