Letter from the President

2017 will mark the 25th anniversary of the Knox County Health Department. We have much to celebrate. Our vision is healthy people in a healthy community. We provide a foundation for public safety and security with our programs and advocacy. And thanks to a dedicated staff and the support of the people of Knox County, we offer a variety of services determined via ongoing needs assessment and continuous improvement. Our annual report highlights our efforts during 2016. As you can see, we’ve had a successful year. The report shows how we’ve served you, your family, friends, neighbors and businesses, joining with you to make Knox County a healthy community for all. We invite you to attend our Board of Health meetings on the 2nd Thursday of the month at 7 pm. You are also welcome to come by the health department to see first-hand all the good work that is going on. But most importantly, please know that our services are for you. Whether it is something we provide at the health department or out in the community, such as ensuring food safety or monitoring communicable diseases. We work in partnership with many groups and agencies across Knox County and draw on support from the state and national level all in our efforts to serve you and your families.

We look forward to continuing to serve you in 2017. Look for activities and opportunities to join in our 25th anniversary all throughout the year.

Carol Scotton
President

KCHD MISSION
To serve Knox County by assessing health and environmental needs, developing policies, and assuring those needs are effectively addressed.

KCHD VISION
“Healthy people in a healthy community!”

New code to help improve food safety

Did you hear about the new Food Code? The Illinois Department of Public Health has made great strides to improve food safety throughout Illinois by adopting the 2013 FDA Model Food Code.

Why has Illinois adopted the 2013 FDA Model Food Code?
- The FDA Model Food Code contains the most up-to-date food safety guidelines based on science and research
- Using a comprehensive and uniform inspection process and common language statewide will ensure consistency between local health departments in the state and nationwide
- The FDA Model Food Code is not much different from what is currently in the Illinois Food Code, except for structure and wording
- The new inspection report form will cause the health inspections to become more comprehensive and focus on foodborne illness risk factors

What is expected to change?
- More dialogue with the facility operator will be required, which will demonstrate a better picture of what is happening in the flow of food throughout the facility
- At the beginning, inspections will take longer, but as inspectors and facilities become more familiar with the new code, inspection time will decrease
- The state health department has released an inspection field guide to assist with the transition
- Inspections will focus on ‘foodborne illness risk factors and public health interventions’ and ‘good retail practices’, such as:
  1. Improper holding temperatures
  2. Inadequate cooking
  3. Contaminated equipment
  4. Food from unsafe sources
  5. Poor personal hygiene
- Critical and Non-Critical Violations will now be called ‘Priority’, ‘Priority Foundation’, and ‘Core’ violations
- All of 2017 will be used for training and education
- The Knox County Health Department plans to implement January 1, 2018.

When will the change occur?
- The statewide implementation date is July 1, 2018.
- The Knox County Health Department plans to implement January 1, 2018.
- All of 2017 will be used for training and education throughout the county.

What’s the difference between Priority, Priority Foundation, and Core violations?
- A Priority Item means a provision has a direct connection to preventing foodborne illness; for example, re-heating, un-cooling food and handwashing.
- A Priority Foundation means a provision provides the foundation for or enables compliance with a Priority Item. Examples of this include labeling, record keeping and staff training.
- A Core Item is a provision that relates to sanitation, equipment design, and general maintenance of the facility.

What is not changing?
- These items have not changed in the Illinois Food Code.
  - Definitions of Risk Categories, Food Employee, Food Establishment
  - Food Service Manager’s Certification Requirement
  - Food Handler Training Requirement
  - Farmer’s Market

KNOX COUNTY HEALTH DEPARTMENT
1361 West Fremont Street, Galesburg, Illinois
Hours: Monday – Friday 8:00am – 4:30pm
(309) 344-2224
HEALTH PROTECTION

Food Protection
Our Food Protection Program strives to ensure food safety through: licensure of food facilities, inspections, and educational programs in our community. Health inspectors work with food vendors of all types to ensure the food you eat is safe.

Potable Water Safety
The Potable Water Safety Program aims to reduce the risk of contracting a waterborne disease from community, non-community, and private water wells. The Knox County Health Department samples water for bacteria and nitrates, indicators of contamination.

Preparedness and Medical Reserve Corps
The best things you can do to prepare for an emergency are: get informed, make a plan, and build a kit. Visit www.ready.gov for more information about personal and family preparedness.

West Nile Virus
The Knox County Health Department conducts surveillance for West Nile Virus. Throughout the warmer months, mosquito samples and dead birds are tested for the disease. In 2016, 14 Samples were taken throughout the county, with an average sample size of 42 mosquitoes. 2 dead birds were able to be sent off to the lab and 2 were positive for West Nile Virus.

Onsite Wastewater Disposal Program
Because so many toxic chemicals and pathogens are in sewage, it's extremely important to ensure proper treatment of sewage. The Knox County Health Department works in conjunction with Private Sewage Contractors, Home Owners, and the Illinois Department of Public Health to protect the environment from contamination.

Immunizations
We provide immunizations to infants, children, and adults at minimal or no cost to protect against vaccine-preventable diseases.

Communicable Disease Investigation, Surveillance
The Health Department protects the health and welfare of Knox County residents through the control of infectious diseases. In partnership with the Illinois Department of Public Health and local healthcare providers, the department identifies and investigates cases to control outbreaks and the spread of disease.

STD Reports

<table>
<thead>
<tr>
<th>Disease</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chlamydia</td>
<td>217</td>
<td>243</td>
<td>268</td>
</tr>
<tr>
<td>Gonorrhea</td>
<td>44</td>
<td>62</td>
<td>68</td>
</tr>
<tr>
<td>Syphilis</td>
<td>8</td>
<td>3</td>
<td>2</td>
</tr>
</tbody>
</table>

Drive-thru Flu Clinic
The Knox County Health Department held its Annual Drive Thru Flu Clinic. On September 26, 2015, we gave 185 Flu shots in 3 hours…or in other words:… 76.6 shots per hour! A huge THANK YOU to Hinchliff-Pearson-West, Inc.

Immunizations given - children

<table>
<thead>
<tr>
<th>Year</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
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</thead>
<tbody>
<tr>
<td>Child</td>
<td>371</td>
<td>562</td>
<td>554</td>
</tr>
<tr>
<td>Genti</td>
<td>664</td>
<td>1099</td>
<td>1139</td>
</tr>
<tr>
<td>Adult</td>
<td>277</td>
<td>1125</td>
<td>969</td>
</tr>
<tr>
<td>Genti</td>
<td>495</td>
<td>1223</td>
<td>1076</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Disease</th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis</td>
<td>27</td>
<td>37</td>
<td>31</td>
</tr>
<tr>
<td>HIV Infection</td>
<td>2</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Lyme Disease</td>
<td>6</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>Salmonellosis</td>
<td>4</td>
<td>6</td>
<td>8</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>2</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>
What is WIC?

WIC, the Supplemental Nutrition Program for Women, Infants and Children (WIC) is intended to reach income-eligible pregnant, postpartum and breastfeeding women, infants and children up to five years of age eat well and stay healthy.

WIC PROVIDES:
- Nutrition and health screening assessment
- Breastfeeding education and support
- Referral to other health, family, and social services
- Supplemental healthy foods designed to meet special nutrition needs
WIC is about good nutrition and good health for the family

<table>
<thead>
<tr>
<th># of Persons Family Household Size</th>
<th>Annual Income</th>
<th>Monthly Income</th>
<th>Weekly Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 People</td>
<td>$29,637</td>
<td>$2,470</td>
<td>$570</td>
</tr>
<tr>
<td>3 People</td>
<td>$37,296</td>
<td>$3,108</td>
<td>$718</td>
</tr>
<tr>
<td>4 People</td>
<td>$44,955</td>
<td>$3,747</td>
<td>$865</td>
</tr>
<tr>
<td>5 People</td>
<td>$52,614</td>
<td>$4,385</td>
<td>$1,012</td>
</tr>
</tbody>
</table>

IBCCP services

Women between the ages of 35 and 64 living in Knox, Warren or Henderson counties can qualify for free screenings and treatment for breast and cervical cancer if they are uninsured, underinsured, or have a high deductible for these services. If symptomatic, younger women can also qualify for free treatment.

Congratulations to Carol Winbigler, RN, IBCLC, RNC, she became an International Board Certified Lactation Consultant in 2016.

The 7th Annual Teen Leadership Conference was held at Carl Sandburg College for 50 sophomore students from Galesburg, GHS North and Knoxville High Schools.

Members of the Knox County Health Department Wellness Division include: Erin Olson, Director of Wellness; Samuel Chen; and Maggie Acosta.

The Knox County Health Department offered 344 programs to 5,895 attendees in 2016. We are pleased to offer FREE health education programs that educate youth and adults about healthy choices.

- Dental Hygiene
- Handwashing
- Lice
- Puberty for Girls and Boys
- STD/HIV
- R.I.S.K. Simulator (Real Issues of the Sexual Kind)
- Health Fairs
- Knox County Health Department/Knox Community Health Center Services
Letter from the President

As the Knox Community Health Center is now in its sixth year as a Federally Qualified Health Center (FQHC), we continue to serve more patients who are making the Center their home for their health needs.

As a reminder, the Knox Community Health Center is a nonprofit, community directed Health Center where health care providers serve low income and medically underserved communities. Created by the United States Congress over 40 years ago, clinics designated as FQHC’s provide quality, affordable primary and preventive care for those whom other providers do not serve.

Offering dental and medical and starting this past year behavioral health services to both children and adults, your primary healthcare needs can be met under one roof. Our expanded hours offer evening appointments on given days. Our friendly and competent staff will discuss your needs as well as explain the services and fees with you so you understand your healthcare conditions and associated costs. In fact, this year we have added staff to better serve you. Call our Center to schedule your health care appointment.

The Center is governed by a group of volunteers whose focus is to ensure the health needs of the community are addressed regardless of the individual’s ability to pay. Following the established guidelines by the U.S. Department of Health and Human Services and the Health Resources and Services Administration (HRSA), the Governance Board members evaluate data of the community to determine which services are to be provided by the Health Center as well as assist in determining the need for future services. With the majority of the board members themselves receiving services at the Center, the needs of the individuals being served by the Center are always at the forefront of decision making. If you are interested in serving on the Governance Board, please contact any staff member at the Knox Community Health Center and a board member will get in touch with you.

We hope you will take an active part in making the Knox Community Health Center a part of your health care community. Please take advantage of the services and activities offered. Together, we can make our community a healthy community.

Regards,
Daniel R. Siems, President
Knox Community Health Center
Governance Board

Health Center Value Statements

INTEGRITY
We act with a consistency of character and are accountable for our actions.

QUALITY
We achieve an exemplary level of service through individual efforts and teamwork.

COMMpassionate
We nurture a sense of family and community among our patients and ourselves.

RELIABLE
We provide forthcoming, impartial, and courteous care for every patient every time.

ATTAINABLE
We eliminate barriers that impede an individual’s ability to access medical and dental care.

How the sliding scale works

All patients whose annual individual and/or family income is below 200% of the Federal Poverty Level guidelines are eligible for discounts on the care they receive.

• Patients whose incomes fall below 100 percent of the poverty guidelines receive care at no cost or for a small fee.
• Patients whose incomes fall between 100 and 200 percent of the poverty guidelines pay some portion or percent of the care received.
• Insured patients whose income falls below 200% of the Federal Poverty Level guidelines are also eligible for discounts their portion of health care costs for the care they receive
• The amount or percentage is determined annually through policies set by the Knox Community Health Center Governance Board.

Health Center patient billing

The Knox Community Health Center always ensures that billing for patients without insurance, collection of co-payments and fees, and screening for financial status is done annually and in a culturally appropriate manner to ensure that these steps do not present any barriers to a patient receiving care.

Funding sources

The Knox County Health Department’s Knox Community Health Center is a Section 330, federally funded Community Health Center. We participate in the 340b pharmacy program providing access to low-cost medications for patients; as well as maintain Federal Tort Claims Act liability insurance for the Knox Community Health Center.
4922 unduplicated patients were seen at the Knox Community Health Center at 10,763 visits.

92.98% of our patients say it is very easy to make an appointment.

98.86% of patients were able to make an appointment that fit into their schedule.

74.47% of patients were seen within 2 weeks.

65.5% of all KCHC patients are aged 19 and older and only 7% are over the age of 64.

90.24% of patients would use or refer friends/family to our behavioral health services if needed.

53% of the dental exams were emergency.

16 KCHD has 1 full-time FNP/Medical Director, 2 full-time APNs, 1 full-time dentist, 2 full-time behavioral health counselors, 2 full-time hygienists, 3 full-time LPNs, 1 full-time Rn Care Coordinator, 2 part-time dentists and 2 part-time hygienists.

7% of our patients participated in the sliding fee schedule.

75.86% of patients gave KCHC 5 out of 5 for their last visit.

Kelly Mixon
MSN, APN, FNP-C

Dr. Matt Rozny
Dental Director

Dr. Akash Patel
Dentist

Heather Frakes
Dental Hygienists

Dr. Tommy West
Collaborative Physician

Dr. Dan Stephens
Dentist

Hillary Searles
MSN, APN, FNP-BC

Sarah Paul
LCPC

Wanda Rohl
MSW, LCSW

Renee Elmer
MSN, APN, FNP-C

Administrative employees include, front from the left: Cathy Pearson, Billing & Ins Coordinator; Michele Gabriel, Administrator/CEO; Lisa Reid, Jerome Townsell, Director of Facility & Finance; Kathy Crafton, Director of Human Resources; Pam Reiber, Shawn Duran, and Irma Garcia.

Knox Community Health Center Governance Board

Front from the left: Helen Sotelo, Komi S. Adamessi, Pastor Dan Siems, President. Back: Sally Fischell, Angela Petersen, Vice-President; Annette Faull, Treasurer; Marty Andrews; Harlan Cook. Not pictured: Karen Lynch, Secretary and Ronda Olin.
2016 Revenue Summary for Knox County Health Department

- Federal & State Grants/Foundation Awards: $2,079,268.84
- Service Fees: $1,021,235.14
- Tax Levy: $605,803.74
- Miscellaneous: $129,708.43
- Interest: $14,856.86
- Account Transfer: $0.00

Total Revenue: $3,850,873.01

2016 Expense Summary for Knox County Health Department

- Personnel (Grant Contingent): $1,915,851.15
- Personnel: $706,370.56
- Grant Program Activities: $481,400.85
- Operating Expense: $358,163.66
- Building Construction: $8,606.29
- Account Transfer: $0.00

Total Expense: $3,470,392.51

Distribution of Knox County 2016 Property Taxes

- Education: 58.1%
- County: 13.5%
- Fire, Library, Sanitary, Misc.: 11.7%
- Cities & Villages: 9.8%
- Township: 6.0%
- Knox County Health Dept.: 0.9%

Distributed In Knox County - 2016

- Knox County Health Dept: 0.9%
- Fire, Library, Sanitary, Misc.: 11.7%
- Cities & Villages: 9.8%
- Township: 6.0%
- County: 13.5%
- Education: 58.1%